

PHYSICIAN SCREENING FORM



Schedule an appointment with your personal doctor. Take this form with you to your doctor's appointment. Your doctor completes the form and you or your doctor fax it to Asset Health at 248.816.3326.

Employee Spouse

Patient Name: _____ Date of Birth: ____/____/____ M__ F__

Employee Name: _____ Employee ID: _____

Address: _____ City: _____ State: _____

Zip Code: _____ Home Phone : (____) _____ Cell Phone : (____) _____

The top section of this form must be filled out completely.

Did you fast prior to taking this test? Yes No

TEST	YOUR RESULTS
Height	_____ ft. _____ in.
Weight	_____ lbs.
Blood Pressure Blood pressure monitoring is used to detect hypertension, a risk factor for heart disease and stroke.	Systolic _____ mm/Hg Diastolic _____ mm/Hg
Total Cholesterol Cholesterol is a fat-like substance and although a certain amount is needed for proper body function, too much can build up in the arteries and put you at risk for heart disease and stroke.	_____ mg/dL
HDL HDL stands for high-density lipoprotein. HDL is considered "good" cholesterol because it may protect you from a heart attack. Unlike other cholesterol levels, the higher your HDL, the better. You can raise your HDL by quitting smoking, losing excess weight and being more active.	_____ mg/dL
Glucose Glucose testing is a measure of sugar in the blood to help determine diabetes risk. Your health care provider may recommend further testing if you have symptoms such as increased thirst and urination, fatigue, blurred vision or wounds that are slow to heal.	_____ mg/dL
LDL LDL stands for low-density lipoprotein. LDL is considered "bad" cholesterol because it can slowly build up in the walls of your arteries. Together with other substances, it can form plaque that clogs the arteries. If a clot forms, blood flow can be blocked, causing a heart attack or a stroke if blood flow to the heart or brain is blocked.	_____ mg/dL
Triglycerides Triglycerides in the blood come from fatty foods eaten, and they are made in the body from other food sources such as carbohydrates. Excess calories are converted to triglycerides and stored as fat cells. High triglyceride levels are associated with being overweight, excessive drinking, having diabetes and other disorders.	_____ mg/dL

Physician's Signature: _____ Date: ____/____/____

Phone Number: (____) _____ Address _____